Executive Functions Workshop 2027

I. <u>WORKSHOP DESCRIPTION:</u>

This is a lecture and laboratory workshop designed to assist Educational Therapists, teachers, school administrators, or parents in understanding executive functioning and its development from early childhood to adulthood. A variety of strategies, activities, and tools for coaching executive functioning skills are discussed and practiced. The following topics are addressed in this workshop:

A. **Philosophy** – neuroplasticity, executive functioning development across the lifespan, effective coaching practices, growth mindset, cognitive functions, and the ADHD connection

B. **Intervention** – practical application of the theories, activities, strategies, and tools for coaching students with executive functioning challenges

C. **Assessment** – Executive Skills Questionnaire – Student Version (Dawson & Guare, 2023), informal observation, progress monitoring.

II. <u>WORKSHOP OBJECTIVES</u>:

A**. General:** Successful completion of this workshop will enable participants to identify, assess, and coach student needs in the process of executive functioning development.

B**. Specific:** Upon completion of this course, the participant will be able to:

1. Understand the key components of executive functioning.
2. Define executive dysfunction.
3. Understand the role of ADHD, anxiety, depression, and Autism in relation to executive functions.
4. Understand the process of executive functioning development.
5. Understand his/her own executive functioning profile and how it impacts work with students.
6. Assist students in understanding their executive functioning profile, discovering their own strategies, and setting/monitoring their own executive functioning goals.

III. <u>COURSE RESOURCES:</u>

A. Executive Functions manual (provided for you by NILD)

B. RECOMMENDED: Coaching Students with Executive Skills Challenges (Dawson & Guare, 2023)

C. RECOMMENDED: Executive Functioning Skills in Your Classroom: 7 skills every student needs to reach their potential. (Elias, 2022)

D. RECOMMENDED for younger students – Mind in the Making (Galinsky, 2010)

IV. COURSE REQUIREMENTS:

A. **Prerequisite** – none

B. **Pre-Course Preparation:**

1. Acquire and preview Coaching Students with Executive Skills Deficits (Dawson & Guare, 2023)

2. Executive Functioning Skills in Your Classroom: 7 skills every student needs to reach their potential. (Elias, 2022)

C. **Workshop Activities**:

1. Take an Executive Skills Questionnaire – Adult Version (Dawson & Guare, 2023) and set personal goals for executive functioning development.

2. Develop an Executive Function Plan as a group.

V. WORKSHOP WORKLOAD:

The time required to review the required texts prior to the workshop.

VI. COURSE FEES:

R3 140.00 per participant.

Cancellation policy: Should you cancel after the course closing date you will lose 25% of the fee and if cancelling within 1 week of the start of the course you will lose 50% of the course fee.

Please note: You need to attend the entire training to fulfil the pass requirements. Class starts at 8:00 a.m. and will finish at 5 p.m.

NILD Position Statement: The National Institute for Learning Development (NILD) was founded upon the biblical worldview that affirms that each individual was created in the image of God and therefore has innate potential to learn and become effective in service to the world. As a professional educational training centre, we strive to maintain integrity at every level of service delivery. NILD has a policy of non-discrimination in relation to race, colour, gender, national or ethnic origin and religious belief.

NILD's Philosophy: Believing that all students can learn and that the brain is open to modification at all stages of development, we provide direct and focused educational treatment for cognitive systems that are weak and vulnerable.

We trust that the information contained above will enable you to make an informed decision and that we will hear from you soon.

Executive Functions Workshop Application 2027

Personal details:

Full Name	
ID Number	
Email Address	
Cell number	
Closest PostNet	
Province	
Code	

Educational Background:

College / University	*Major*	*Degree/Diploma held*

Training: Please indicate which courses you have successfully completed.

Level 1	Level 2	Level 3	Rx for Writing	Rx for Reading	Rx for Maths	Search & Teach	Linking Spelling & Reading

Cost:

☐ **R3 140.00 per participant**

☐ **Please email the completed application form (pg. 3) and a copy of your degree to admin@nildsa.co.za**

☐ **Order and pay for the course at our online shop at www.nildsa.co.za**